

QUALIFICATION SYSTEM ASIAN GAMES 2026

SWIMMING
QUALIFICATION STANDARD (TIME) LCM
Version 1.0 published 5 Jan 2026

Women	Event	Men
AG	Qualification Times	AG
00:25.55	50 Free	00:22.26
00:54.70	100 Free	00:48.94
02:00.76	200 Free	01:48.95
04:15.30	400 Free	03:50.12
08:45.39	800 Free	08:02.00
16:41.80	1500 Free	15:14.27
00:28.66	50 Back	00:25.39
01:01.36	100 Back	00:54.48
02:12.82	200 Back	02:02.40
00:31.05	50 Breast	00:28.23
01:08.87	100 Breast	01:01.53
02:28.07	200 Breast	02:13.03
00:26.89	50 Fly	00:23.56
00:59.55	100 Fly	00:52.26
02:10.68	200 Fly	01:58.24
02:15.01	200 Medley	02:00.15
04:50.07	400 Medley	04:18.68
# @	4X100 Relay Free	***
# @	4X200 Relay Free	***
# @	4X100 Medley Relay	***
# @	4X100 Mixed Free Relay	# @
# @	4X100 Mixed Medley Relay	# @
*** Men Team Qualified as per MYAS guidelines		
# Women & Mixed Team needed to Qualify as per MYAS guidelines		
@ Relay Team participation will be subject to MYAS approval only		



Individual Event Entries (Selection)

Maximum 2 entries per event for respective gender provided both swimmers have achieved the qualification time. If more than 2 swimmers have achieved the QT or faster time, then the fastest 2 times will be considered for entry.

Qualification time is the 6th place time of finals at 19th Asian Games, Hangzhou as per MYAS circular no 70-9/2025 dated 24.09.25. Any relaxation to 6th place criteria if issued by MYAS (GOI) after publication of this document, the revised QT shall be taken in consideration and suitable modification to the qualification time standards will be issued at the sole discretion of Swimming Federation of India.

Qualification Period

21 Sep 2025 up to 30 June 2026

Qualification Events

International events (50M LCM) conducted by NF's affiliated to World Aquatics (within the qualification period) including the 11th Asian Aquatics Championship 2025, 79th Senior National Championship 2026.

Relay Events (Selection)

Provisions of Sr No 4.1.III (a) and Sr. No 6 of MYAS circular no 70-9/2025 dated 24.09.25 shall be applicable, across all relay events for Men, Women & Mixed Gender.

For relay teams qualified to participate as per MYAS guidelines, the individual swimmers will be selected as follows:

Freestyle Relay Team Selection

For this purpose, the fastest times from respective individual events shall only be considered (individual time from a relay event will not be eligible for consideration). SFI has full discretion to enter a reserve team member provided that the team still achieves the 8th place time after substituting the 4th seed player with the individual time of the reserve swimmer for the same event. No separate request for separate time trials or split times will be considered.

Medley Relay Team

SFI shall enter a relay team for all medley relay events (including mixed relay) where total 4 swimmers have collectively achieved the published qualification time for such relay event and clearance by MYAS. Swimmer's will be selected based on the fastest individual time in 100M event for respective stroke recorded within the qualification period as given in this Qualification System Asian Games.

**Eligible Meets for Relay consideration**

Times achieved in individual events at all eligible competitions shall also be eligible for Relay Events selection for 20th Asian Games 2026.

Mandatory Participation

Swimmers are required to participate in 79th Senior National Championship 2026 in all events for which they wish to be selected for participation in the 20th Asian Games. This is applicable even if the swimmer has achieved the qualification time for such event/s at an earlier eligible competition or is yet to achieve the qualification time. The fastest times clocked in all eligible meets including the 79th Senior National Championship shall be considered for qualification.

SFI selection committee shall have sole discretion for all matters including interpretation of this document.

Monal Chokshi
General Secretary