



National Talent Pool Times 2024

Time Standards Senior Men

NTPA Selection Time		
20 - 24 years	100	200
free	49.92	01:49.8
back	55.88	02:02.4
breast	63.32	02:16.4
fly	54.93	02:02.7
50 free	22.53	
200 IM	02:04.1	
400 IM	04:23.1	
400 free	03:53.0	
800 free	08:11.3	
1500 free	15:13.7	

NTPA Selection Time		
19 years	100	200
free	50.57	01:51.2
back	56.78	02:04.3
breast	64.32	02:18.5
fly	55.68	02:04.4
50 free	22.82	
200 IM	02:05.7	
400 IM	04:26.4	
400 free	03:55.9	
800 free	08:17.0	
1500 free	15:24.4	

NTPA Selection Time		
18 years	100	200
free	51.22	01:52.7
back	57.68	02:06.3
breast	65.32	02:20.7
fly	56.43	02:06.1
50 free	23.11	
200 IM	02:07.3	
400 IM	04:29.7	
400 free	03:58.8	
800 free	08:22.7	
1500 free	15:35.1	

Possible Directors choice		
20-24 years	100	200
free	51.4	01:55.3
back	58.1	02:08.5
breast	65.9	02:23.2
fly	57.1	02:08.8
50 free	23.4	
200 IM	02:08.4	
400 IM	04:32.3	
400 free	04:01.2	
800 free	08:28.5	
1500 free	15:45.7	

Possible Directors choice		
19 years	100	200
free	52.1	01:56.8
back	59.1	02:10.6
breast	66.9	02:25.5
fly	57.9	02:10.6
50 free	23.7	
200 IM	02:10.1	
400 IM	04:35.7	
400 free	04:04.2	
800 free	08:34.4	
1500 free	15:56.8	

Possible Directors choice		
18 years	100	200
free	52.8	01:58.3
back	60.0	02:12.6
breast	67.9	02:27.7
fly	58.7	02:12.4
50 free	24.0	
200 IM	02:11.8	
400 IM	04:39.1	
400 free	04:07.1	
800 free	08:40.3	
1500 free	16:07.9	

Time Standards Junior Men

NTPA Selection Time		
17 years	100	200
free	52.02	01:54.4
back	58.78	02:08.7
breast	66.37	02:23.0
fly	57.28	02:08.0
50 free	23.48	
200 IM	02:09.2	
400 IM	04:33.5	
400 free	04:02.3	
800 free	08:29.8	
1500 free	15:48.3	

NTPA Selection Time		
16 years	100	200
free	52.82	01:56.2
back	59.78	02:10.9
breast	67.42	02:25.2
fly	58.13	02:09.9
50 free	23.84	
200 Im	02:11.1	
400 IM	04:37.2	
400 free	04:05.8	
800 free	08:36.8	
1500 free	16:01.5	

NTPA Selection Time		
15 years	100	200
free	56.92	02:05.2
back	61.88	02:15.5
breast	69.82	02:30.4
fly	60.03	02:14.1
50 free	25.69	
200 IM	02:16.3	
400 IM	04:47.7	
400 free	04:23.8	
800 free	09:12.9	
1500 free	17:09.2	

Possible Directors choice		
17 years	100	200
free	54.1	02:00.2
back	61.1	02:15.2
breast	69.0	02:30.1
fly	59.6	02:14.4
50 free	24.4	
200 IM	02:13.8	
400 IM	04:43.0	
400 free	04:10.8	
800 free	08:47.6	
1500 free	16:21.5	

Possible Directors choice		
16 years	100	200
free	54.9	02:02.0
back	62.2	02:17.5
breast	70.1	02:32.5
fly	60.5	02:16.4
50 free	24.8	
200 Im	02:15.7	
400 IM	04:46.9	
400 free	04:14.4	
800 free	08:54.9	
1500 free	16:35.2	

Possible Directors choice		
15 years	100	200
free	59.2	02:11.5
back	64.4	02:22.3
breast	72.6	02:37.9
fly	62.4	02:20.8
50 free	26.7	
200 IM	02:21.1	
400 IM	04:57.7	
400 free	04:33.1	
800 free	09:32.2	
1500 free	17:45.2	

Time Standards Junior Boys

NTPA Selection Time		
14 years	100	200
free	61.22	02:14.7
back	67.28	02:27.3
breast	74.72	02:40.9
fly	65.33	02:25.9
50 free	27.63	
200 IM	02:28.3	
400 IM	05:04.6	
400 free	04:40.8	
800 free	09:50.7	
1500 free	18:20.1	

NTPA Selection Time		
13 years	100	200
free	64.42	02:21.7
back	70.48	02:34.3
breast	77.92	02:47.8
fly	68.53	02:33.1
50 free	29.07	
200 IM	02:34.7	
400 IM	05:17.4	
400 free	04:54.8	
800 free	10:18.9	
1500 free	19:12.9	

NTPA Selection Time		
12 years	100	200
free	67.62	02:28.8
back	73.68	02:41.4
breast	81.12	02:54.7
fly	71.73	02:40.2
50 free	30.52	
200 IM	02:41.1	
400 IM	05:30.2	
400 free	05:08.9	
800 free	10:47.1	
1500 free	20:05.7	

Possible Directors choice		
14 years	100	200
free	64.3	02:21.4
back	70.6	02:34.7
breast	78.5	02:49.0
fly	68.6	02:33.2
50 free	29.0	
200 IM	02:33.5	
400 IM	05:15.2	
400 free	04:50.6	
800 free	10:11.4	
1500 free	18:58.6	

Possible Directors choice		
13 years	100	200
free	67.6	02:28.8
back	74.0	02:42.1
breast	81.8	02:56.2
fly	72.0	02:40.8
50 free	30.5	
200 IM	02:40.1	
400 IM	05:28.5	
400 free	05:05.2	
800 free	10:40.6	
1500 free	19:53.3	

Possible Directors choice		
12 years	100	200
free	71.0	02:36.2
back	77.4	02:49.4
breast	85.2	03:03.5
fly	75.3	02:48.3
50 free	32.0	
200 IM	02:46.7	
400 IM	05:41.7	
400 free	05:19.7	
800 free	11:09.7	
1500 free	20:47.9	

Time Standards Senior Women

NTPA Selection Time		
20-24 years	100	200
free	55.33	02:00.5
back	62.57	02:15.3
breast	70.58	02:31.1
fly	60.36	02:14.0
50 free	25.19	
200 IM	02:16.3	
400 IM	04:44.8	
400 free	04:11.0	
800 free	08:38.0	
1500 free	16:26.3	

NTPA Selection Time		
19 yrs	100	200
free	55.93	02:01.8
back	63.47	02:17.3
breast	71.58	02:33.2
fly	61.01	02:15.4
50 free	25.46	
200 IM	02:17.9	
400 IM	04:48.0	
400 free	04:13.6	
800 free	08:43.3	
1500 free	16:36.1	

NTPA Selection Time		
18 yrs	100	200
free	56.53	02:03.1
back	64.37	02:19.2
breast	72.58	02:35.4
fly	61.66	02:16.9
50 free	25.74	
200 IM	02:19.6	
400 IM	04:51.0	
400 free	04:16.2	
800 free	08:48.5	
1500 free	16:45.9	

Possible Directors choice		
20-24 years	100	200
free	57.0	02:06.5
back	65.1	02:22.1
breast	73.4	02:38.7
fly	62.8	02:20.7
50 free	26.2	
200 IM	02:21.1	
400 IM	04:54.8	
400 free	04:19.8	
800 free	08:56.2	
1500 free	17:00.8	

Possible Directors choice		
19 yrs	100	200
free	57.6	02:07.9
back	66.0	02:24.1
breast	74.4	02:40.9
fly	63.5	02:22.2
50 free	26.5	
200 IM	02:22.7	
400 IM	04:58.1	
400 free	04:22.5	
800 free	09:01.6	
1500 free	17:11.0	

Possible Directors choice		
18 yrs	100	200
free	58.2	02:09.3
back	66.9	02:26.2
breast	75.5	02:43.1
fly	64.1	02:23.7
50 free	26.8	
200 IM	02:24.5	
400 IM	05:01.2	
400 free	04:25.2	
800 free	09:07.0	
1500 free	17:21.1	

Time Standards Junior Women

NTPA Selection Time		
17 yrs	100	200
free	57.23	02:04.6
back	65.42	02:21.5
breast	73.58	02:37.5
fly	62.56	02:16.7
50 free	26.05	
200IM	02:21.1	
400 IM	04:53.8	
400 free	04:19.3	
800 free	08:54.6	
1500 free	16:57.4	

NTPA Selection Time		
16 yrs	100	200
free	58.03	02:06.4
back	66.47	02:23.8
breast	74.68	02:39.8
fly	63.16	02:20.2
50 free	26.42	
200 IM	02:23.2	
400 IM	04:58.3	
400 free	04:22.8	
800 free	09:01.6	
1500 free	17:10.4	

NTPA Selection Time		
15 yrs	100	200
free	59.73	02:10.1
back	68.57	02:28.3
breast	77.08	02:44.9
fly	64.86	02:24.0
50 free	27.19	
200 IM	02:27.1	
400 IM	05:07.7	
400 free	04:30.2	
800 free	09:16.4	
1500 free	17:38.2	

Possible Directors choice		
17 yrs	100	200
free	59.5	02:10.9
back	68.0	02:28.6
breast	76.5	02:45.4
fly	65.1	02:23.5
50 free	27.1	
200 IM	02:26.0	
400 IM	05:04.1	
400 free	04:28.4	
800 free	09:13.3	
1500 free	17:33.0	

Possible Directors choice		
16 yrs	100	200
free	60.4	02:12.7
back	69.1	02:31.0
breast	77.7	02:47.8
fly	65.7	02:27.2
50 free	27.5	
200 Im	02:28.2	
400 IM	05:08.8	
400 free	04:32.0	
800 free	09:20.5	
1500 free	17:46.5	

Possible Directors choice		
15 yrs	100	200
free	62.1	02:16.6
back	71.3	02:35.7
breast	80.2	02:53.1
fly	67.5	02:31.2
50 free	28.3	
200 IM	02:32.2	
400 IM	05:18.5	
400 free	04:39.6	
800 free	09:35.8	
1500 free	18:15.2	

Time Standards Junior Girls

NTPA Selection Time		
14 yrs	100	200
free	66.23	02:24.2
back	73.97	02:40.0
breast	81.98	02:55.5
fly	70.16	02:35.8
50 free	30.15	
200 IM	02:40.9	
400 IM	05:28.3	
400 free	04:58.5	
800 free	10:13.0	
1500 free	19:24.4	

NTPA Selection Time		
13 yrs	100	200
free	67.83	02:27.7
back	75.57	02:43.4
breast	83.68	02:59.1
fly	71.86	02:39.5
50 free	30.88	
200 IM	02:43.5	
400 IM	05:34.9	
400 free	05:05.5	
800 free	10:26.9	
1500 free	19:50.5	

NTPA Selection Time		
12 yrs	100	200
free	71.03	02:34.7
back	77.17	02:46.9
breast	85.38	03:02.8
fly	73.56	02:43.3
50 free	32.34	
200 IM	02:48.9	
400 IM	05:43.1	
400 free	05:19.4	
800 free	10:54.8	
1500 free	20:42.8	

Possible Directors choice		
14 yrs	100	200
free	69.5	02:31.5
back	77.7	02:48.0
breast	86.1	03:04.3
fly	73.7	02:43.6
50 free	31.7	
200 IM	02:46.5	
400 IM	05:39.8	
400 free	05:08.9	
800 free	10:34.5	
1500 free	20:05.1	

Possible Directors choice		
13 yrs	100	200
free	71.2	02:35.1
back	79.3	02:51.6
breast	87.9	03:08.1
fly	75.5	02:47.5
50 free	32.4	
200 IM	02:49.2	
400 IM	05:46.7	
400 free	05:16.2	
800 free	10:48.9	
1500 free	20:32.2	

Possible Directors choice		
12 yrs	100	200
free	74.6	02:42.4
back	81.0	02:55.2
breast	89.6	03:11.9
fly	77.2	02:51.5
50 free	34.0	
200 IM	02:54.8	
400 IM	05:55.1	
400 free	05:30.6	
800 free	11:17.7	
1500 free	21:26.3	