

37th National Games 2023  
GOA, 29/10 - 4/11/2023

Event 31 Women, 400m Freestyle Open  
03/11/2023 Results Prelim

NATIONAL GAMES 4:32.17 Hashika Ramachandra KAR RAJKOT 07/10/2022

Rank	YB	Time	
1.	Bhavya Sachdeva Delhi	4:37.47	Q
2.	Vritti Agarwal Telangana	4:43.17	Q
3.	Shirin Karnataka	4:44.22	Q
4.	Hashika Ramachandra Karnataka	4:47.25	Q
5.	Aditi Hegde Maharashtra	4:51.11	Q
6.	Titiksha rawat Delhi	4:51.21	Q
7.	Adwika G.Nair Tamilnadu	4:53.96	Q
8.	Kanya Nayyar MP	4:57.71	Q
9.	Maanya Mukta Manesh Tamilnadu	4:59.69	R
10.	TASHA MODI Gujarat	5:00.95	R
11.	Harika Alag Rajasthan	5:02.90	
12.	Dolly Patil Maharashtra	5:04.65	
13.	Garsha Saharsha Kerala	5:05.44	
14.	Navya Dave Gujarat	5:09.29	
15.	Darpan Sirohi MP	5:12.95	
16.	Shivani Saigal Punjab	5:19.58	
17.	Aarohi Nilesh Borde Goa	5:22.08	
18.	Caren Benny Kerala	5:26.14	
DNS	Sanjana Manguesh Prabhugaonker Goa		
DNS	Suhani Jain UP		

Event 32 Men, 400m Freestyle Open  
03/11/2023 Results Prelim

NATIONAL GAMES 3:57.16 SAJAN PRAKASH KER KERALA 06/02/2015

Rank	YB	Time	
1.	Kushagra Rawat Delhi	4:04.44	Q
2.	Shivank Vishwanath Karnataka	4:08.77	Q
3.	Advait Page MP	4:11.31	Q
4.	Aneesh S Gowda Karnataka	4:11.81	Q
5.	Chavan Aniket Vithoba SSCB	4:12.57	Q
6.	Mongam Theerdhu Samadev Andhra Pradesh	4:13.12	Q
7.	Saswata Roy Bengal	4:13.28	Q
8.	Sajan Prakash Kerala	4:13.33	Q
9.	Gotteti Sampath Kumar Yadav Andhra Pradesh	4:13.46	R
10.	Devansh Parmar Gujarat	4:13.84	R
11.	R Ruhunukrishna Kerala	4:18.56	
12.	Ronak Sawant Maharashtra	4:19.30	
13.	Krishna Gadakh MP	4:19.41	
14.	Parth Shrivastava Chhattisgarh	4:20.85	
15.	Leonard. V Tamilnadu	4:28.90	
16.	Anshuman Vashist Odisha	4:31.89	
17.	Aryan Shashi Sharma Goa	4:33.61	
18.	Vikrant Bangale Gujarat	4:34.82	
19.	Nithik Nathella Tamilnadu	4:39.24	
20.	Anmol Jindal Punjab	4:40.36	

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Event 32, Men, 400m Freestyle, Prelim, Open

Rank		YB	Time
21.	Aahil Sheikh	Goa	<b>5:09.36</b>
DNS	Anurag R Singh	UP	
DNS	Saikat Chatterjee	Telangana	
DNS	Shubhojeet Gupta	SSCB	
DNS	Yug Chelani	Rajasthan	
DNS	Aarnav Goel	Maharashtra	
DNS	Rajat	Haryana	
DNS	Yuvraj Singh	Delhi	

Event 33 Women, 200m Medley Open  
03/11/2023 Results Prelim

NATIONAL GAMES 2:25.78 RICHA MISHRA M.P. KERALA 06/02/2015

Rank		YB	Time	
1.	Manavi Varma	Karnataka	<b>2:31.36</b>	Q
2.	Shrungi Rajesh Bandekar	Goa	<b>2:31.99</b>	Q
3.	Shristy Upadhaya	Odisha	<b>2:34.52</b>	Q
4.	Raghvi Ramanujan	Maharashtra	<b>2:34.60</b>	Q
5.	Kanya Nayyar	MP	<b>2:34.89</b>	Q
6.	Richa Mishra	MP	<b>2:35.01</b>	Q
7.	Shreenithi Natesan	Tamilnadu	<b>2:35.37</b>	Q
8.	Hashika Ramachandra	Karnataka	<b>2:35.82</b>	Q
9.	Subhranshini Priyadarshini	Assam	<b>2:35.98</b>	R
10.	Yashvi Kharat	Maharashtra	<b>2:36.54</b>	R
11.	Kalyani Saxena	Gujarat	<b>2:37.43</b>	
12.	Kshama iyer	Delhi	<b>2:37.92</b>	
13.	Snigdha Ghosh	Bengal	<b>2:39.16</b>	
14.	B. Shakthi	Tamilnadu	<b>2:40.43</b>	
15.	Arshpreet Kaur	Punjab	<b>2:40.67</b>	
16.	Firdoush Kayamkhani	Rajasthan	<b>2:40.99</b>	
17.	Nadia Asif	Kerala	<b>2:41.53</b>	
18.	Samiya Shingari	Haryana	<b>2:43.24</b>	
19.	Nadakuditi Pavani Sarayu	Andhra Pradesh	<b>2:44.25</b>	
20.	Suhani Ahlawat	Haryana	<b>2:46.00</b>	
21.	Pooja Tukaram Rawool	Goa	<b>2:46.75</b>	
22.	Alakananda Raju	Kerala	<b>2:50.61</b>	
23.	Navya Singal	UP	<b>3:05.46</b>	
DNS	Kumkum Dhapola	Uttarakhand		

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Event 34 Men, 200m Medley Open  
03/11/2023 Results Prelim

NATIONAL GAMES 2:05.81 Sajan Prakash IND RAJKOT 07/10/2022

Rank	YB	Time	
1.	Shoan Ganguly Karnataka	2:08.84	Q
2.	Siva S Karnataka	2:08.97	Q
3.	Advait Page MP	2:12.75	Q
4.	Vinayak V SSCB	2:12.95	Q
5.	Suhas Preetham Mylari Telangana	2:14.98	Q
6.	Sajan Prakash Kerala	2:15.97	Q
7.	Bhargav Phukan Assam	2:16.70	Q
8.	Sai Nihar Bikkina Telangana	2:16.73	Q
9.	Yug Chelani Rajasthan	2:17.63	R
10.	Aaryan Bhosale Maharashtra	2:18.08	R
11.	Angshuman Kashyap Assam	2:18.20	
12.	Gokul V Gopan Kerala	2:19.88	
13.	Hemraj Patel Gujarat	2:19.91	
14.	Krishna Gadakh MP	2:20.43	
15.	Nabin Sharma Odisha	2:21.57	
16.	Vraj Patel Gujarat	2:21.78	
17.	Leonard. V Tamilnadu	2:24.79	
18.	Sayantana Roy Bihar	2:27.65	
19.	M.Sarath Andhra Pradesh	2:34.08	
20.	Saswata Roy Bengal	2:36.64	
21.	Amiya Kumar Pradhan Odisha	2:38.95	
22.	Rahul Dayanand Patil Goa	2:42.35	
23.	Parth Uttarakhand	2:43.70	
24.	Dattaraj Keshav Naik Goa	3:00.23	
DNS	B. Benedicton Rohit Tamilnadu		
DNS	Shubhojeet Gupta SSCB		
DNS	Tanish Kudale Maharashtra		
DNS	Bhagya Gahlaut Delhi		

Event 35 Women, 50m Backstroke Open  
03/11/2023 Results Prelim

NATIONAL GAMES 29.77 Maana Patel GUJ RAJKOT 07/10/2022

Rank	YB	Time	
1.	Ridhima Veerendra Kumar Karnataka	30.62	Q
2.	Soubritty Mondal Bengal	31.02	Q
	Sanjana Manguesh Prabhugaonker Goa	31.02	Q
4.	Bhakti Wadkar Maharashtra	31.37	Q
5.	Sagnika Roy Bengal	31.39	Q
6.	Avni Chhabra Punjab	31.49	Q
7.	Pratyasa Ray Odisha	31.64	Q
8.	Palak Joshi Maharashtra	31.72	Q
9.	Deeksha Sivakumar Tamilnadu	31.91	R
10.	Aarushi Agarwal Karnataka	31.92	R
11.	Azinkya Singh Chhattisgarh	32.39	
12.	Bharti Haryana	33.14	

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Event 35, Women, 50m Backstroke, Prelim, Open

Rank		YB	Time
13.	Sri Nithya Sagi	Telangana	<b>33.26</b>
14.	Theresa Shaju	Kerala	<b>33.67</b>
15.	Keisha Nair	Haryana	<b>34.05</b>
16.	Nicole Poly	Kerala	<b>34.31</b>
17.	Kopal Rai	MP	<b>34.37</b>
18.	Ananya Chauhan	Delhi	<b>34.59</b>
19.	Sanvi Kumawat	Rajasthan	<b>35.61</b>
20.	Laitonjam Jessica Chanu	Manipur	<b>36.00</b>
21.	M.Hima Bindhu	Andhra Pradesh	<b>40.69</b>
22.	Aatasi Kumar	Jharkhand	<b>42.53</b>
23.	Pdiangsuklang Syngwan	Meghalaya	<b>49.59</b>
DNS	Sanskriti Soni	Bihar	
DNS	Khushi Kashyap	Bihar	
DNS	Chador Doma Bhutia	Sikkim	
DNS	Megha Bhandari	Sikkim	
DNS	Pramiti Gnanasekaran	Tamilnadu	
DNS	Tejaswini Sharma	Uttarakhand	

Event 36  
03/11/2023

Men, 50m Backstroke

Open Results Prelim

NATIONAL GAMES 25.65 Srihari Nataraj KAR RAJKOT 07/10/2022

Rank		YB	Time	
1.	Srihari Nataraj	Karnataka	<b>26.03</b>	Q
2.	Madhu Ps	SSCB	<b>26.56</b>	Q
3.	Rishabh Das	Maharashtra	<b>26.92</b>	Q
4.	B. Benedicton Rohit	Tamilnadu	<b>27.04</b>	Q
	Dhyaan M	Kerala	<b>27.04</b>	Q
6.	Akash Mani	Karnataka	<b>27.11</b>	Q
	Xavier Michael DSouza	Goa	<b>27.11</b>	Q
	Soumyajit Saha	Bengal	<b>27.11</b>	Q
9.	Suhas Preetham Mylari	Telangana	<b>27.34</b>	R
10.	Nithik Nathella	Tamilnadu	<b>27.42</b>	R
11.	Praveen P	SSCB	<b>27.61</b>	
12.	Dhanush P.J	Kerala	<b>27.85</b>	
13.	Tanmay Das	Delhi	<b>27.87</b>	
14.	Siddhant Singh Jadon	MP	<b>27.88</b>	
15.	Shwejal Mankar	Maharashtra	<b>28.16</b>	
16.	Om Kadam	Gujarat	<b>29.60</b>	
17.	Krishnaditya Singh	Rajasthan	<b>29.61</b>	
18.	Pathuri Bhuvass	Telangana	<b>29.65</b>	
19.	Arzjun Tokas	Delhi	<b>29.72</b>	
20.	B.Bala Gangadhar	Andhra Pradesh	<b>29.82</b>	
21.	Anmol Mohanty	Odisha	<b>29.88</b>	
22.	Vedant Chandra	UP	<b>30.25</b>	
23.	Dhruv Singh Attri	Chandigarh	<b>30.51</b>	
24.	Nabin Sharma	Odisha	<b>31.13</b>	
25.	Adi Sunil Signapurkar	Goa	<b>31.24</b>	
26.	Akshat Sehgal	HP	<b>31.26</b>	

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Event 36, Men, 50m Backstroke, Prelim, Open

Rank		YB	Time
27.	Aditya Sahani	UP	<b>31.33</b>
28.	Prabhat Singh Dhapola	Uttarakhand	<b>31.43</b>
29.	Sargunjit Singh	Punjab	<b>31.48</b>
30.	Sandham Punshiba Metei	Manipur	<b>32.19</b>
31.	Yash Tiwari	Chhattisgarh	<b>32.37</b>
32.	Ayush Pallav Tiwary	Jharkhand	<b>33.93</b>
33.	Md Chabbir Hossain	Tripura	<b>34.27</b>
34.	ANUP MUNDA	Jharkhand	<b>35.59</b>
35.	KYALDEN DORJEE KAZI	Sikkim	<b>38.64</b>
DNS	Janan Salomon Mombrin	Pondicherry	
DNS	Banpynshngain Syngwan	Meghalaya	
DNS	Mebankitboklang Banai	Meghalaya	

Event 37  
03/11/2023

Mixed, 4 x 100m Freestyle

Open  
Results Prelim

NATIONAL GAMES 3:44.62 KARNATAKA KAR RAJKOT 07/10/2022

Rank			Time	
1.	Karnataka 1	Karnataka	<b>3:54.10</b>	Q
	Aneesh S Gowda, Dhinidhi Desinghu, Nina Venkatesh, Srihari Nataraj			
2.	Tamilnadu 1	Tamilnadu	<b>3:54.33</b>	Q
	Pavan Gupta, M.S, Deeksha Sivakumar, K Bala Ponni, Sathya Sai Krishnan M			
3.	Gujarat 1	Gujarat	<b>3:56.39</b>	Q
	Devansh Parmar, Diya Patel, Venika Parikh, Anshul Kothari			
4.	Odisha 1	Odisha	<b>3:58.84</b>	Q
	Nabin Sharma, Sonia Patel, Shubrant Patra, Anshika Aradhna Sahoo			
5.	Delhi 1	Delhi	<b>4:05.11</b>	Q
	Tanmay Das, Titiksha rawat, Kshama iyer, Kushagra Rawat			
6.	Maharashtra 1	Maharashtra	<b>4:09.24</b>	Q
	Meet Makhija, Avantika Chawan, Rujuta Khade, Virdhawal Khade			
7.	Kerala 1	Kerala	<b>4:10.17</b>	Q
	Dhyaan M, Caren Benny, Nicole Poly, M. Vasuram			
8.	Bengal 1	Bengal	<b>4:15.21</b>	Q
	Saswata Roy, Janhvi Choudhary, Snigdha Ghosh, Sanu Debnath			
9.	Punjab 1	Punjab	<b>4:15.38</b>	R
	Aman Ghai, Paramraj Singh, Avni Chhabra, Arshpreet Kaur			
10.	Telangana 1	Telangana	<b>4:19.20</b>	R
	Vritti Agarwal, Pathuri Bhuvans, Hema Varshini Jambuluri, Varshith Dhulipudi			
DNS	MP 1	MP		