



74th Senior National Aquatic Championships 2021
BANGALORE, 26 - 29/10/2021

Event 31
29/10/2021

Women, 400m Medley

Open
Startlist Prelim

NMR 4:59.17 Richa Mishra TRIVANDRUM 20/09/2018

Heat 1 of 3

1		
2		
3 V Praseedha	TNSA	
4 ESHA MAJHI	BENGAL	SFIFAXBEN12477
5 Navya Singal	U.P.	SFIFAXXUP13449
6		
7		
8		

Heat 2 of 3

1 . Midhula K Jithesh	KERALA	
2 Yashwini suhag	DELHI	SFIFAXDEL14967
3 A Jedidah	KAR	SFIFAXKAR19787
4 Kanya Nayyar	M.P.	SFIFAXXMP18882
5 Shakthi Balakrishnan	TNSA	SFIFATNSA16459
6 Shrunji Rajesh Bandekar	GOA	SFIMAXGOA18799
7 Kritika Singh	BIHAR	SFIFAXBIH14960
8		

Heat 3 of 3

1 Mouboni Patra	BENGAL	SFIFAXBEN12849
2 Rutuja Talegaonkar	MAHA	SFIFAXMAH19258
3 Hashika Ramachandra	KAR	SFIFAXKAR14275
4 Richa Mishra	POLICE	SFIFAPSPB18181
5 Firdoush Kayamkhani	RAJA.	SFIFAXRAJ10430
6 KALYANI SAXENA	GUJ	SFIFAXGUJ10459
7 . Shreya Mary Kamal	KERALA	
8		

Event 32
29/10/2021

Men, 400m Medley

Open
Startlist Prelim

NMR 4:30.13 REHAN PONCHA KAR THIRUVANTHPURAM 10/10/2009

Heat 1 of 3

1		
2		
3 Avinash S	TNSA	
4 . Aromal. A	KERALA	
5 NISCHAY MALIK	DELHI	SFIMAXDEL14906
6 Vinayak Vijay	TNSA	
7		
8		

Heat 2 of 3

1 Monojit Hazra	POLICE	
2 Rudraksh Sahu	CHHATTI.	SFIMACHHA14792
3 Yogeshwar Prasad	U.P.	SFIMAXXUP13448
4 Sai Nihar Bikkina	TELA.	SFIMAXTEL18110
5 Shoan Ganguly	KAR	SFIMAXKAR17069
6 Aadri Sharma	S S C B	SFIMAXBEN10519
7 Viraj Dhokale	MAHA	SFIMAXMAH18683
8 . Raunit Sukhil	KERALA	

Heat 3 of 3

1 Tanish Kudale	MAHA	SFIMAXMAH16423
2 Shivaksh Sahu	S S C B	SFIMASSCB18861
3 Anurag Rakesh Singh	U.P.	SFIMAXXUP13445
4 Robin Singh T Emil	RSPB	SFIMARSPB18974
5 Siva S	KAR	SFIMAXKAR13740
6 Yug Chelani	RAJA.	SFIMAXRAJ10812
7 Sanskar Tokas	DELHI	SFIMAXDEL15053
8 Anmol Jindal	PUNJAB	



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Event 33 Women, 200m Freestyle Open
29/10/2021 Startlist Prelim

NMR 2:05.80 Shivani Kataria BHOPAL 03/09/2019

Heat 1 of 3

1
2 Divyanka D. ODISHA SFIFAXODI10513
3 Swarna K.Harith TNSA SFIFATNSA17507
4 Vritti Agarwal TELA. SFIMAXTEL17803
5 Hashika Ramachandra KAR SFIFAXKAR14275
6 Kriti Arora PUNJAB
7
8

Heat 2 of 3

1 Tejal Verma U.P. SFIFAXXUP19000
2 . Nirmala R KERALA
3 Prachi Tokas DELHI SFIFAXDEL15010
4 Mahi Swetraj BIHAR SFIFAXBIH10217
5 Aanya Wala MAHA SFIFAXMAH18508
6 Bhumi Gupta CHHATTI. SFIMACHHA14808
7 Sonia Patel ODISHA SFIFAXODI11807
8 SURABHI SHARMA DELHI SFIFAXDEL15064

Heat 3 of 3

1 Siddhi Jain . A.P. SFIFAXXAP10316
2 Shristi Upadhaya BENGAL SFIFAXBEN14760
3 Shakthi Balakrishnan TNSA SFIFATNSA16459
4 Shivangi Sarma ASSAM SFIFAASSA17456
5 Shivani Kataria HAR SFIFAXHAR18606
6 Ashmitha Chandra KAR SFIFAXKAR17648
7 . Iris Manoj KERALA
8 Asmita Karmakar BENGAL SFIFAXBEN13048

Event 34 Men, 200m Freestyle Open
29/10/2021 Startlist Prelim

NMR 1:50.35 Sajjan Prakash TRIVANDRUM 19/09/2018

Heat 1 of 4

1
2 Sathya Sai Krishnan M TNSA
3 Siddhartha Basak NSA
4 . Amal. A KERALA SFIMAXKER12825
5 Bikash Haripal ODISHA SFIMAXODI10397
6 Rajat HAR SFIMAXHAR19214
7 Uday Sharma PUNJAB
8

Heat 2 of 4

1 Shubhrant Patra ODISHA SFIMAXODI11782
2 Sanu Debnath RSPB SFIMARSPB19046
3 Anurag Rakesh Singh U.P. SFIMAXXUP13445
4 Tanish George Mathew KAR SFIMAXKAR14856
5 Anand As S S C B SFIMASSCB18367
6 Abhilash Ch TELA. SFIMAXTEL18058
7 Aaron Fernandes MAHA SFIMAXMAH15750
8 Veer Khatkar HAR SFIMAXHAR19372

Heat 3 of 4

1 Army Pal BENGAL SFIMAXBEN12917
2 Yug Chelani RAJA. SFIMAXRAJ10812
3 Ruthiik Sri Nagi Reddy Satti TELA. SFIMAXTEL18116
4 Srihari Nataraj KAR SFIMAXKAR14004
5 Vishal Grewal DELHI SFIMAXDEL15026
6 Krishna Gadakh M.P.
7 Pavan M S Gupta RSPB SFIMARSPB18979
8 . Raunit Sukhil KERALA

Heat 4 of 4

1 Kunal Basak BENGAL SFIMAXBEN13269
2 Gyan Sandhan Kashyap ASSAM SFIMAASSA11131
3 Anmol Swetraj BIHAR SFIMAXBIH10212
4 Sajjan Prakash POLICE SFIMAPSPB18155
5 Kushagra Rawat DELHI SFIMAXDEL14986
6 Kuntal Giri S S C B SFIMASSCB18851
7 Zidane Iqbal Sayed GOA SFIMAXGOA18666
8 Anmol Jindal PUNJAB



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Event 35
29/10/2021

Women, 200m Backstroke

Open
Startlist Prelim

NMR 2:19.30 MAANA PATEL GUJ RAJKOT 30/10/2015

Heat 1 of 3

1		
2	Muskan Rathee	HAR
3	Shalini R Dixit	KAR
4	Sri Nithya Sagi	TELA.
5	Palak Dharmi	MAHA
6	Shrungji Rajesh Bandekar	GOA
7		
8		

Heat 2 of 3

1			
2	ESHA CHATOPADHYAY	BENGAL	SFIFAXBEN13093
3	. Sanaa Mathew	KERALA	
4	Soubriti Mondal	BENGAL	SFIFAXBEN14756
5	Neelanjana Seal	BIHAR	SFIFAXBIH19664
6	Pratyasa Ray	ODISHA	SFIFAXODI11811
7	Lakshitha C	TNSA	
8			

Heat 3 of 3

1			
2	Yashwini suhag	DELHI	SFIFAXDEL14967
3	Sanjana Prabhugaonkar	GOA	SFIMAXGOA18800
4	Ridhima Veerendra Kumar	KAR	SFIFAXKAR17442
5	Palak Joshi	MAHA	SFIFAXMAH18765
6	MAANA PATEL	GUJ	SFIFAXGUJ10070
7	. Shreya Mary Kamal	KERALA	
8			

Event 36
29/10/2021

Men, 200m Backstroke

Open
Startlist Prelim

NMR 2:02.29 Shrihari Nataraj BHOPAL 01/09/2019

Heat 1 of 3

1	Vedant Seth	HAR	SFIMAXHAR19216
2	. Adithyan S	KERALA	SFIMAXKER11541
3	Ankit Singh Rathore	S S C B	SFIMASSCB19066
4	Siddhant Sejwal	DELHI	SFIMAXDEL15001
5	Anurag Dagar	DELHI	SFIMAXDEL15061
6	Sreeresh Rn	S S C B	SFIMASSCB19703
7	Nithik H	TNSA	
8			

Heat 2 of 3

1	Bhollander	HAR	SFIMAXHAR18309
2	Dhanush P J	KERALA	
3	Sayan Palui	BENGAL	SFIMAXBEN19244
4	Utkarsh Santosh Patil	KAR	SFIMAXKAR14174
5	Dhruv Singh Attri	CHANDI.	SFIMAXXPB19554
6	Prasad Kandul	MAHA	SFIMAXMAH16712
7	Darel Steve C	TNSA	
8	UTSAV DUTTA	BENGAL	SFIMAXBEN12984

Heat 3 of 3

1	Sai Nihar Bikkina	TELA.	SFIMAXTEL18110
2	Nanak Moolchandani	M.P.	
3	Aaryan Bhosale	MAHA	SFIMAXMAH15713
4	Srihari Nataraj	KAR	SFIMAXKAR14004
5	DEVANSH PARMAR	GUJ	SFIMAXGUJ10041
6	K Abbasuddin	RSPB	SFIMARSPB18975
7	Abhishek Kumar Rana	PUNJAB	
8	Ajay Singh	RAJA.	SFIMAXRAJ10343



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Event 37
29/10/2021

Women, 100m Breaststroke

Open
Startlist Prelim

NMR 1:14.87 Saloni Dalal TRIVANDRUM 22/09/2018

Heat 1 of 3

1	Harshita	HAR	SFIFAXHAR18292
2	Aastha Sharma	PUNJAB	
3	Divyanka D.	ODISHA	SFIFAXODI10513
4	Lineysa A K	KAR	SFIFAXKAR13765
5	Rithvika M	TELA.	SFIMAXTEL18057
6	Vaishali Grewal	DELHI	SFIFAXDEL19446
7	Kirti Tak	RAJA.	
8			

Heat 2 of 3

1	Saptha Varshini S A	TNSA	
2	Tanisha Laurena Dhar	BENGAL	SFIFAXBEN12851
3	Harishitha Jayaram	RSPB	SFIFARSPB18990
4	Chahat Arora	PUNJAB	
5	Yashika Rawat	HAR	SFIFAXHAR19197
6	Riya Verma	U.P.	SFIFAXXUP12930
7	VENIKA PARIKH	GUJ	SFIFAXGUJ17681
8			

Heat 3 of 3

1	Swastika Patra	BENGAL	SFIFAXBEN17085
2	. Keerthi J S	KERALA	
3	KALYANI SAXENA	GUJ	SFIFAXGUJ10459
4	Saanvi S Rao	KAR	SFIFAXKAR19750
5	Jyoti Patil	MAHA	
6	Mannata Mishra	ODISHA	SFIFAXODI10694
7	. Raiha. S	KERALA	
8	Abisha Angelin J	TNSA	

Event 38
29/10/2021

Men, 100m Breaststroke

Open
Startlist Prelim

NMR 1:01.97 SANDEEP SEJWAL RLY RANCHI 16/11/2011

Heat 1 of 4

1			
2			
3	Sagar Patil	GOA	SFIMAXGOA
4	Benedicton Rohit B	TNSA	
5	DISHANT MEHTA	GUJ	SFIMAXGUJ16920
6	Ritesh Kumar	BIHAR	SFIMAXBIH10219
7			
8			

Heat 2 of 4

1			
2	. Arjun Sambu A	KERALA	
3	Anoop Augustine	RSPB	
4	Vidith S Shankar	KAR	SFIMAXKAR17334
5	Aditya Dubey	DELHI	SFIMAXDEL10932
6	Sreedip Mondal	BENGAL	SFIMAXBEN14706
7	Upendra Pujari	ODISHA	SFIMAXODI11744
8			

Heat 3 of 4

1	Digvijay Singh	HAR	SFIMAXHAR18670
2	Harsimar Singh	PUNJAB	
3	Yash Gulhane	MAHA	SFIMAXMAH16660
4	Ansh Arora	U.P.	SFIMAXXUP13394
5	Lohith M	RSPB	
6	Kritayush Singh	BENGAL	SFIMAXBEN13083
7	Nilesh Ghavri	M.P.	
8	KARTIK SHARMA	DELHI	SFIMAXDEL19512

Heat 4 of 4

1	Parvez Maharroof Md	A.P.	SFIMAXXAP10816
2	. Adarsh .M	KERALA	
3	Abhinandan Dalvi	MAHA	SFIMAXMAH0303
4	Danush S	TNSA	SFIMATNSA15513
5	Arun S	S S C B	
6	Kalp S Bohra	KAR	SFIMAXKAR14233
7	Unmesh Gupta	CHHATTI.	SFIMACHHA17269
8	YUVRAJ PATEL	GUJ	SFIMAXGUJ10128



74th Senior National Aquatic Championships 2021
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Event 39
29/10/2021

Women, 100m Butterfly

Open
Startlist Prelim

NMR 1:03.24 ARHATHA MEGHAVI KAR THIRUVANTHPURAM 09/10/2009

Heat 1 of 3

1
2 Vanshika Sharma DELHI SFIFAXDEL19641
3 Srishti Nag CHHATTI. SFIFACHHA14806
4 Rishika U Mangle KAR SFIFAXKAR14230
5 Divya Satija HAR SFIFAXHAR18331
6 Firdoush Kayamkhani RAJA. SFIFAXRAJ10430
7 . Varsha .S KERALA
8

Heat 2 of 3

1 Himanshi Joon HAR SFIFAXHAR18287
2 Jasnoor Kaur PUNJAB
3 Uttara Gogoi ASSAM SFIFAASA17586
4 Nina Venkatesh KAR SFIFAXKAR14002
5 Apeksha Fernandes MAHA SFIFAXMAH16806
6 Nandini Pethkar MAHA SFIFAXMAH15189
7 . Mariya J Padayatty KERALA
8

Heat 3 of 3

1 Gnaneswari Ch A.P. SFIFAXXAP10171
2 Shristi Upadhaya BENGAL SFIFAXBEN14760
3 Nilabjaa Ghosh BENGAL SFIFAXBEN13277
4 Astha Choudhury ASSAM SFIFAASSA11077
5 Kanya Nayyar M.P. SFIFAXXMP18882
6 Disha Bhandari U.P. SFIFAXXUP13393
7 Mannata Mishra ODISHA SFIFAXODI10694
8

Event 40
29/10/2021

Men, 100m Butterfly

Open
Startlist Prelim

NMR 53.46 Sajan Prakash TRIVANDRUM 21/09/2018

Heat 1 of 5

1
2
3 ATANU NASKAR BENGAL SFIMAXBEN12729
4 Avneesh Kumar Singh RSPB
5 Sachin Thokran HAR
6
7
8

Heat 2 of 5

1
2 Vikkas P TNSA
3 Rahul Ray BIHAR SFIFAXBIH19700
4 Atul Sahani U.P. SFIMAXXUP19408
5 Bikash Haripal ODISHA SFIMAXODI10397
6 Paramraj Singh PUNJAB
7 S Punshiba Meitei MANI.
8

Heat 3 of 5

1 Santanu Halder NSA
2 Yug Chelani RAJA. SFIMAXRAJ10812
3 Sameer Sejwal DELHI SFIMAXDEL15002
4 Pratham Sharma DELHI SFIMAXDEL15069
5 Adhithya D TNSA
6 Hiren Shagolsem MANI. SFIMAMANI14229
7 ARYAN PANCHAL GUJ SFIMAXGUJ10006
8 Nanak Moolchandani M.P.

Heat 4 of 5

1 . Binas P R KERALA
2 Aryan Varnekar MAHA SFIMAXMAH16103
3 Tanish George Mathew KAR SFIMAXKAR14856
4 Bikram Changmai ASSAM SFIMAASSA19252
5 Mihir Ambre MAHA SFIMAXMAH16466
6 Arjun M S S C B SFIMASSCB18847
7 Shubhrant Patra ODISHA SFIMAXODI11782
8 K.N.S Charan Kumar Reddy A.P. SFIMAXXAP17819

Heat 5 of 5

1 Swapnil Chakraborty BENGAL SFIMAXBEN13268
2 Shivaksh Sahu S S C B SFIMASSCB18861
3 Sanu Debnath RSPB SFIMARSPB19046
4 Sajan Prakash POLICE SFIMAPSPB18155
5 Sambhav R KAR SFIMAXKAR13850
6 Harsh Saroha HAR SFIMAXHAR18539
7 Rudraksh Sahu CHHATTI. SFIMACHHA14792
8 . Vishnu G KERALA



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Event 41	Women, 4 x 100m Freestyle				Open Startlist
29/10/2021					
NMR	4:02.90	MAHARASHTRA		BHOPAL	01/09/2019
NMR	4:03.05	MAHARASHTRA	MAH	KOLKATA	15/11/2014

Heat 1 of 1

- 1 DELHI 1 DELHI
- 2 TNSA 3 TNSA
Swarna K., Varsha V., Maanya Muktha M., R Siva T.
- 3 MAHA MAHA
- 4 KAR 1 KAR
Nina V., Latiesha M., Ridhima V., Dhinidhi D.
- 5 BENGAL 2 BENGAL
- 6 TELA. 1 TELA.
- 7 ODISHA 5 ODISHA
Divyanka D., Mannata M., Sonia P., Pratyasa R.
- 8

Event 42	Men, 4 x 100m Freestyle				Open Startlist
29/10/2021					
NMR	3:29.32	R.S.P.B.		RLY KOLKATA	15/11/2014

Heat 1 of 2

- 1
- 2
- 3 BENGAL 2 BENGAL
- 4 HAR 1 HAR
- 5 PUNJAB 1 PUNJAB
Sahil C., Arun G., Uday S., Ujjwal S.
- 6 ODISHA 2 ODISHA
Jadu B., Bikash H., Shubhrant P., Upendra P.
- 7
- 8

Heat 2 of 2

- 1 TELA. 1 TELA.
- 2 GUJ 1 GUJ
- 3 TNSA 1 TNSA
Adhithya D., Vikkas P., Sathya Sai Krishnan M., Benedicton Rohit B.
- 4 KAR 1 KAR
Srihari N., Tanish G., Sambhav R., Siva S.
- 5 S S C B 1 S S C B
- 6 MAHA MAHA
- 7 RSPB 1 RSPB
Pavan M S G., Sanu D., Robin Singh T E., Tanmay D.
- 8 DELHI 1 DELHI