



74th Senior National Aquatic Championships 2021
BANGALORE, 26 - 29/10/2021

Event 1 Men, 400m Freestyle Open
26/10/2021 Results Prelim
NATIONAL RECORD 3:54.93 Sajjan Prakash TRIVANDRUM 21/09/2018

Rank	YB	Time	
1. Kushagra Rawat	00 DELHI	3:56.77	Q
2. Vishal Grewal	01 DELHI	4:06.60	Q
3. Aneesh S Gowda	04 KAR	4:06.70	Q
4. Shoan Ganguly	05 KAR	4:08.93	Q
5. Anurag Rakesh Singh	02 U.P.	4:10.30	Q
6. Vedaant Madhavan	05 MAHA	4:11.79	Q
7. DEVANSH PARMAR	GUJ	4:13.63	Q
8. Chavan Ankit Vithoba	00 S S C B	4:16.56	Q
9. Soumyajit Saha	01 RSPB	4:18.74	R
10. Krishna Gadak	03 M.P.	4:19.06	R
11. Zidane Iqbal Sayed	03 GOA	4:20.02	
12. Gyan Sandhan Kashyap	04 ASSAM	4:21.22	
13. Sai Nihar Bikkina	05 TELA.	4:22.77	
14. Shubham Dhaygude	02 MAHA	4:24.76	
15. Saurabh Sangvekar	RSPB	4:28.18	
16. Rajat	03 HAR	4:28.41	
17. Army Pal	02 BENGAL	4:29.12	
18. Abhilash Ch	02 TELA.	4:31.70	
19. S K Sajid	BENGAL	4:35.01	
20. Shane Lionel	TNSA	4:41.90	
21. Anmol Jindal	00 PUNJAB	4:42.76	
22. Prasang Shrivastava	02 CHHATTI.	4:44.78	
23. Suryansh Sharma	03 PUNJAB	4:53.72	
24. Bikash Haripal	02 ODISHA	4:54.02	
25. . Deepak .S.D	KERALA	5:05.00	
26. . Adarsh .B	KERALA	5:20.30	
27. Dinesh Gayari	RAJA.	5:28.96	
28. Arun Reddy P	00 A.P.	5:48.91	
29. Arihan Singh Deshwal	01 U.P.	5:58.98	
30. K Tejesh	A.P.	6:21.59	
31. Amit Kumar	96 BIHAR	6:50.67	

Event 2 Women, 400m Freestyle Open
26/10/2021 Results Prelim
NATIONAL RECORD 4:25.76 RICHA MISHRA POL RANCHI 17/11/2011

Rank	YB	Time	
1. Shivangi Sarma	02 ASSAM	4:37.17	Q
2. Aanya Wala	05 MAHA	4:38.22	Q
3. Prachi Tokas	02 DELHI	4:38.80	Q
4. Shivani Kataria	97 HAR	4:45.96	Q
5. Vritti Agarwal	06 TELA.	4:46.23	Q
6. Shirin	07 KAR	4:47.35	Q
7. Shakthi Balakrishnan	05 TNSA	4:47.60	Q
8. Kanya Nayyar	04 M.P.	4:49.26	Q
9. Hashika Ramachandra	08 KAR	4:52.30	R



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Event 2, Women, 400m Freestyle, Prelim, Open

Rank		YB		Time	
10.	Varsha V	03	TNSA	4:52.66	R
11.	Bhumi Gupta	05	CHHATTI.	4:59.20	
12.	Dolly Patil	06	MAHA	5:01.99	
13.	Navya Singal	02	U.P.	5:02.23	
14.	Mouboni Patra	06	BENGAL	5:15.97	
15.	Swagata Basak	03	BENGAL	5:17.05	
16.	Harika Alag		RAJA.	5:25.15	
17.	. Varsha .S		KERALA	5:34.22	
18.	Kritika Singh	05	BIHAR	5:40.04	
19.	. Nadia Asif		KERALA	5:46.86	

Event 3

Men, 200m Breaststroke

Open

26/10/2021

Results Prelim

NATIONAL RECORD 2:15.22 SANDEEP SEJWAL RLY KERALA 23/11/2013

Rank		YB		Time	
1.	Lohit M	01	RSPB	2:22.31	Q
2.	Danush S	00	TNSA	2:23.68	Q
3.	Arun As	94	S S C B	2:23.71	Q
4.	Aditya Dubey	01	DELHI	2:28.27	Q
5.	Vidith S Shankar	06	KAR	2:29.15	Q
6.	Bhargav Phukan	04	ASSAM	2:29.46	Q
7.	YUVRAJ PATEL		GUJ	2:29.56	Q
8.	Manikanta L	04	KAR	2:31.82	Q
9.	Sreedip Mondal	02	BENGAL	2:32.86	R
10.	Ashish Kadam	01	MAHA	2:35.17	R
11.	Abhinandan Dalvi	00	MAHA	2:36.65	
12.	Kritayush Singh	03	BENGAL	2:36.97	
13.	Ansh Arora	98	U.P.	2:40.36	
14.	. Adarsh .M		KERALA	2:44.02	
15.	Bikash Kumar Agarwal	96	POLICE	2:46.00	
16.	. Sandrajith Ashok		KERALA	2:52.31	
17.	Upendra Pujari	05	ODISHA	2:56.07	
18.	Unmesh Gupta	04	CHHATTI.	3:00.43	
19.	Yash Raj Singh	01	BIHAR	3:52.56	



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Event 4
26/10/2021

Women, 200m Breaststroke

Open
Results Prelim

NATIONAL RECORD 2:41.88 Saloni Dalal TRIVANDRUM 20/09/2018

Rank	YB	Time	
1. Apeksha Fernandes	05 MAHA	2:45.18	Q
2. Lineysha A K	07 KAR	2:48.79	Q
3. KALYANI SAXENA	GUJ	2:48.87	Q
4. Harshitha Jairam	01 RSPB	2:50.60	Q
5. Saanvi S Rao	05 KAR	2:51.50	Q
6. Jyoti Patil	98 MAHA	2:54.28	Q
7. Swastika Patra	06 BENGAL	2:56.88	Q
8. Yashika Rawat	02 HAR	2:57.40	Q
9. VENIKA PARIKH	GUJ	2:58.49	R
10. Tanisha Laurena Dhar	05 BENGAL	3:00.29	R
11. Chahat Arora	97 PUNJAB	3:04.57	
12. Abisha Angelin	TNSA	3:14.54	
13. Saptha Varshini	TNSA	3:15.29	
14. Kirti Tak	RAJA.	3:17.32	
15. . Keerthi J S	KERALA	3:22.25	
16. Rithvika M	07 TELA.	3:23.10	
17. . Raiha. S	00 KERALA	3:30.03	

Event 5
26/10/2021

Men, 100m Backstroke

Open
Results Prelim

NATIONAL RECORD 55.63 Shrihari Nataraj BHOPAL 04/09/2019

Rank	YB	Time	
1. Srihari Nataraj	KAR	56.42	Q
2. Siva S	KAR	58.48	Q
3. Siddhant Sejwal	97 DELHI	59.55	Q
4. Ruthiik Sri Nagi Reddy Satti	03 TELA.	59.66	Q
5. Praveen P	98 S S C B	1:00.13	Q
6. Abbas K Uddin	97 RSPB	1:00.28	Q
7. Xavier Michael Dsouza	01 GOA	1:00.67	Q
8. Soumyajit Saha	01 RSPB	1:00.69	Q
9. Benediction Rohit B	03 TNSA	1:00.77	R
10. Gaurav Chavan	02 MAHA	1:02.07	R
11. Nanak Moolchandani	02 M.P.	1:02.11	
Vinayak Vijay	03 TNSA	1:02.11	
13. Ajay Singh	01 RAJA.	1:03.43	
14. Aaron J Thomas	KERALA	1:03.46	
15. Bipin Joseph	S S C B	1:03.56	
16. DEVANSH PARMAR	GUJ	1:03.80	
17. Sayan Palui	02 BENGAL	1:04.01	
18. UTSAV DUTTA	BENGAL	1:04.50	
19. Suhas Preetham M	08 TELA.	1:05.16	
20. Bholander	HAR	1:05.19	
21. NABIL SHAIKH	GUJ	1:05.69	
22. Dhruv Singh Attri	03 CHANDI.	1:06.98	
23. Jadu Budek	04 ODISHA	1:08.99	



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Event 5, Men, 100m Backstroke, Prelim, Open

Rank		YB		Time
24.	S Athouba Meitei		MANI.	1:09.04
25.	. Anandu .S		KERALA	1:09.16
26.	Awadh Naresh Yadav	02	U.P.	1:12.38
27.	Varad Kadam		MAHA	1:12.74
28.	Satya Chouhan	01	BIHAR	1:16.99
29.	Ashish V	03	A.P.	1:18.72

Event 6
26/10/2021

Women, 100m Backstroke

Open
Results Prelim

NATIONAL RECORD 1:04.33 Maana Patel TRIVANDRUM 23/09/2018

Rank		YB		Time	
1.	Ridhima Veerendra Kumar	07	KAR	1:05.24	Q
2.	Jyotsna Pansare	94	MAHA	1:07.55	Q
3.	Nina Venkatesh	05	KAR	1:07.93	Q
4.	MAANA PATEL		GUJ	1:08.10	Q
5.	Shrungi Rajesh Bandekar	03	GOA	1:08.47	Q
6.	Soubriti Mondal	01	BENGAL	1:08.62	Q
7.	Sanjana Prabhugaonkar	06	GOA	1:10.06	Q
8.	Sri Nithya Sagi	09	TELA.	1:10.07	Q
9.	Palak Dhami	05	MAHA	1:10.45	R
10.	. Shreya Mary Kamal	06	KERALA	1:10.80	R
11.	Pratyasa Ray	02	ODISHA	1:10.87	
12.	Yashwini suhag	03	DELHI	1:11.55	
13.	. Sanaa Mathew	05	KERALA	1:12.39	
14.	Yogya Singh	06	RAJA.	1:12.96	
15.	ESHA CHATOPADHYAY		BENGAL	1:13.25	
16.	Riniki Bordoloi	03	DELHI	1:13.53	
17.	Azinkya Singh	06	CHHATTI.	1:14.10	
18.	Neelanjana Seal	01	BIHAR	1:16.11	
19.	Bharti		HAR	1:23.73	
20.	Mouli Ahmed	99	M.P.	1:23.95	
21.	Shrishti Rawat	02	U.P.	1:24.27	
22.	Velivela Sai Sree		A.P.	1:48.17	

Event 7
26/10/2021

Men, 50m Butterfly

Open
Results Prelim

NATIONAL RECORD 24.19 VIRDHAWAL KHADE BHOPAL 02/09/2019

Rank		YB		Time	
1.	Sajan Prakash	93	POLICE	24.78	Q
2.	Mihir Ambre	00	MAHA	24.97	Q
3.	Adhitya D	02	TNSA	25.16	Q
4.	Harsh Saroha	04	HAR	25.22	Q
5.	Bikram Changmai	04	ASSAM	25.56	Q
6.	Sanu Debnath	94	RSPB	25.84	Q
7.	Tanish Geaorge Mathew		KAR	25.85	Q



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Event 7, Men, 50m Butterfly, Prelim, Open

Rank		YB		Time	
7.	ANSHUL KOTHARI		GUJ	25.85	Q
9.	Pratham Sharma	05	DELHI	26.01	R
10.	Sathya Sai Krishnan M	03	TNSA	26.11	R
11.	Sameer Sejwal	00	DELHI	26.16	
12.	Sambhav R	04	KAR	26.21	
13.	Sarma S P Nair		RSPB	26.29	
14.	Swapnil Chakraborty	01	BENGAL	26.32	
15.	Vinay Saharan	94	S S C B	26.43	
16.	ARYAN PANCHAL		GUJ	26.53	
17.	Paramraj Singh	03	PUNJAB	26.68	
	Pulkit	92	S S C B	26.68	
19.	Veer Khatkar	04	HAR	26.69	
20.	Kunal Basak	98	BENGAL	26.74	
21.	Vasuram M	01	A.P.	26.75	
22.	Rudraksh Sahu	02	CHHATTI.	26.90	
23.	Santanu Halder	99	NSA	26.91	
24.	. Vishnu G		KERALA	27.01	
25.	Shubhrant Patra	02	ODISHA	27.11	
26.	Shubhransu Hemen Dutta	01	ASSAM	27.41	
27.	ANSH ARORA		M.P.	27.62	
28.	Hiren Shagolsem	04	MANI.	27.92	
29.	Nikhil Jangid	03	RAJA.	28.07	
30.	. Binas P R		KERALA	28.15	
31.	Atul Sahani	02	U.P.	28.39	
32.	Nanak Moolchandani	02	M.P.	28.54	
33.	S Punshiba Meitei		MANI.	29.12	
34.	Suhas Preetham M	08	TELA.	29.13	
35.	Upendra Pujari	05	ODISHA	29.41	
36.	Varad Kadam		MAHA	29.53	
37.	Ayush Kumar	03	BIHAR	29.99	
38.	BABU PRAVEEN KUMAR SINGH		JHAR	31.47	
39.	Devanshu		PUNJAB	33.25	
40.	KHRAWKUPAR LYNGDOH		MEGHA.	35.40	

Event 8

Women, 50m Butterfly

Open

26/10/2021

Results Prelim

NATIONAL RECORD 28.33 Divya Satija BHOPAL 02/09/2019

Rank		YB		Time	
1.	Divya Satija	96	HAR	28.48	Q
2.	Rujuta Khade	96	MAHA	28.60	Q
3.	Nandini Pethkar	02	MAHA	28.98	Q
4.	Nina Venkatesh	05	KAR	29.03	Q
5.	Astha Choudhury	04	ASSAM	29.19	Q
6.	Uttara Gogoi	04	ASSAM	29.38	Q
7.	Avantika Chawan	97	RSPB	29.53	Q
8.	Nilabjaa Ghosh	05	BENGAL	29.82	Q
9.	Rishika U Mangle	07	KAR	30.02	R
10.	Disha Bhandari	04	U.P.	30.07	R



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Event 8, Women, 50m Butterfly, Prelim, Open

Rank	YB	Time
11. . Liyana Fathima Umer	KERALA	30.24
12. Mahi Swetraj	03 BIHAR	30.27
13. Shristi Upadhaya	02 BENGAL	30.60
14. Jasnoor Kaur	06 PUNJAB	30.97
15. Bhumi Gupta	05 CHHATTI.	31.19
16. Himanshi Joon	HAR	32.12
17. Pratyasa Ray	02 ODISHA	32.22
18. Disha Sharma	TNSA	32.46
19. A Selva Revethy	TNSA	32.62
20. VENIKA PARIKH	GUJ	32.88
21. Divyanka Dibyajyoti Pradhan	06 ODISHA	33.84
22. Sanjana K	05 TELA.	34.75
23. . Ebba Adila S	KERALA	36.06
24. Baby Spandana K	03 A.P.	38.49
25. BAI AHUNLANG THONGNI	MEGHA.	52.82

Event 9
26/10/2021

Women, 4 x 200m Freestyle

Open
Results

NATIONAL RECORD	8:53.83	MAHARASHTRA	MAH	PUNE	04/10/2012
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Rank	Time
1. KAR 1	9:08.02
Dhinidhi Desinghu	10
Shirin	07
Ashmitha Chandra	05
Hashika Ramachandra	08
2. MAHA	9:14.23
Palak Dhani	05
Dolly Patil	06
Ariaa Sheth	05
Aanya Wala	05
3. TNSA 1	9:14.78
Swarna K.Harith	04
Maanya Muktha Maanesh	04
Varsha V	03
Shakthi Balakrishnan	05
4. BENGAL 2	9:42.30
Asmita Karmakar	05
Soubriti Mondal	01
Swagata Basak	03
Shristi Upadhaya	02
5. DELHI 1	9:58.54
ananya bist	06
Ananya rawat	08
Muskan Kaur	04
Prachi Tokas	02
6. TELA. 1	10:21.97
Sanjana K	05
Rithvika M	07
Sri Nithya Sagi	09
Vritti Agarwal	06