

SWIMMING FEDERATION OF INDIA

14 B, Himmatlal Park Society,
Besides IOB Bank, Ambavadi,
AHMEDABAD-380 015

To; All Office Bearers & Affiliated Units of SFI & NSA

26th July 2022

Sub:- 75th SENIOR NATIONAL AQUATIC CHAMPIONSHIPS-2022 at Guwahati

Dear Sir,

We are pleased to inform you that 75th Senior National Aquatic Championships - 2022 **Swimming, Diving, water polo will be conducted at Dr. Zakir Hussain Aquatic Complex, Nalapara, Sarusajai, Guwahati, Assam** from **06th to 10th September 2022** by Assam Swimming Association under the auspices of Swimming Federation of India.

The Championships will be conducted in Swimming, Diving and Water Polo for Men & Women. The events will be as under for both Men & Women.

SWIMMING:

Free Style	50mt, 100mt, 200mt, 400mt, 800mt, 1500mt.
Back Stroke	50mt, 100mt, 200mt.
Breast Stroke	50mt, 100mt, 200mt.
Butterfly Stroke	50mt, 100mt, 200mt.
Individual Medley	200mt, 400mt.
Free Style Relay	4 X 100mt, 4 X 200mt.
Medley Relay	4 X 100mt.
Mixed Relay	4X50m Free Style Relay, 4X50m Medley Relay

DIVING : 1mt. & 3mt. Spring Board, High board

WATERPOLO: Water polo for Men & Women

The Maximum 13 Water polo players name must be submitted in the Entry Form. Names will not be accepted after **25th August 2022. WATERPOLO TEAM MUST BRING THEIR OWN WATERPOLO CAPS AS PER FINA SPECIFICATION. ORGANISORS WILL NOT PROVIDE WATERPOLO CAP TO THE TEAMS.**

No Reserve player will be permitted in the Individual events. Only Registered players will be permitted in Relays. Medals and Certificates will be awarded only to the Finalist of the Relays.

Swimming, Diving and Water polo events will be held in accordance with latest FINA Rules. Mixed Relay comprised of 2 Men & 2 Women swimmers.

As per SFI General Council decision, a Swimmer shall be allowed to enter in Maximum 5 Individual events in this championship. BEST Swimmer award will be given on the basis of performance of Individual swimmer in the championship.

Please find enclosed here with Entry Forms in Duplicate copies FOR Diving & Water polo, Railway Concession vouchers, Registration Forms, Order of Event, Qualifying time/points for the Senior National Aquatic Championship 2022.

SWIMMING ENTRY WILL BE ACCEPTED ONLINE ONLY on or before the last date i.e.25th August 2022.

ENTRY & REGISTRATION FEES: Entry Fees Rs.40/=per event per head, Relay Team Rs.200/= and Water polo Team Rs.500/=.

LAST DATE FOR SUBMISSION OF ENTRIES IN ALL RESPECT IS **25th August 2022.**

A copy of State Championship/Trial results and the Entry & Registration Fees to be posted by Regd.A.D /Speed Post to the General Secretary, SFI at AHMEDABAD address only, on or before **25th August 2022.** SWIMMING ENTRY WILL BE ACCEPTED ONLINE ONLY... THE DETAIL WILL BE SENT SEPARATELY on your Registered Email.

TEAM OFFICIALS: Following number of Team Officials will be permitted with each team on the basis of number of participants. Extra team officials will not be permitted with the team.

1 to 5 participants - 1 Team Official

6 to 10 participants - 2 Team Officials

11 to 20 participants - 3 Team Officials

21 to 35 participants - 4 Team Officials

36 & above participants - 5 Team Officials

As per SFI General council decision, for Senior National Aquatic Championships, member unit can send One Entry for Individual event with Qualifying standard fixed by SFI for one entry and if Two Entries for the individual events then both the players must be within the Qualifying standard fixed by SFI for Two entries as per the attached Qualifying standard chart.

If the swimmer fails to achieve qualifying standard/time, the unit will have to pay Rs.500/= as penalty per player per event irrespective of any reason. Player who fails to achieve the qualifying standard will not be given participation certificate. Swimmer fails to enter in the event after sending the entry by unit, the unit will be liable for penalty of Rs.500/= per event per player and the swimmer will not be permitted to participate in the rest of the championships. If the swimmer qualify for the final and fails to enter in the final, the unit will be liable for penalty of Rs.1000/= per event per player and the player will not be permitted to participate in the rest of the championships.

If no player qualify as per SFI standard of One Entry and Two entries, the member unit at its discretion may enter maximum 10 players (4 Men & 4 Women in swimming and if Divers are to be included, total should not exceed 10 players). Member units are entitled to keep their own qualifying standard for selection of their players. Penalty will not be charged and participation certificates will not be given to players of such units.

As per SFI decision Two water polo teams will be permitted from each zone to participate in this championships. Two teams will be selected on the basis of Zonal tournament/trials. Zonal tournament circular is already sent along with Junior National Aquatic championships-2022 circular.

NO PLAYER WILL BE PERMITTED TO ENTER IN THE EVENT WITHOUT SFI UID CARD & AADHAR CARD ISSUED BY GOVERNMENT/ COMPETENT AUTHORITY.

MARCH PAST: All units are requested to ensure that their Team must participate in March past in Good ceremonial dress in the Opening Ceremony. It is compulsory for all participating teams to participate in the March past. Unit must carry two flags of their units for all the ceremonial purposes.

COVID - 19 GUIDELINES :

1. **All participants and officials** must bring **Covid- 19 Test Negative Report, Mask and Social Distancing to be maintained** and it is **mandatory for all on the venue of the event.**
2. **Accommodation** and **Local Transport** will be **not provided** by Organizers.
3. Only **participants and team officials will be permitted in Sports Arena.** No spectator / parents / relatives / Extra officials will be permitted to enter in the venue premises.
4. All Covid - 19 SOP and Government Guidelines will be strictly observed. **Any violation will debarred the participants / officials.**

Shri Monal Chokshi

General Secretary

Swimming Federation of India

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Besides IOB Bank, Ambavadi,

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Organising Secretary

Shri. Bhaskar Das

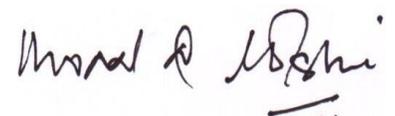
Assam Swimming Association

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Monal Chokshi
General Secretary

Encl: As Above

SWIMMING FEDERATION OF INDIA

SWIMMING PROGRAM FOR 75th SENIOR NATIONAL AQUATIC CHAMPIONSHIPS -2022

FIRST DAY

- | | |
|------------------------------|-------|
| 1. 400M FREE STYLE | MEN |
| 2. 400M FREE STYLE | WOMEN |
| 3. 200M INDIVIDUAL MEDLEY | MEN |
| 4. 200M INDIVIDUAL MEDLEY | WOMEN |
| 5. 50M BREAST STROKE | MEN |
| 6. 50M BREAST STROKE | WOMEN |
| 7. 4 x 200M FREE STYLE RELAY | MEN |
| 8. 4 x 50M MEDLEY RELAY | MIXED |

MORNING SESSION - HEATS
EVENING SESSION - FINALS

SECOND DAY

- | | |
|------------------------------|-------|
| 1. 1500M FREE STYLE | MEN |
| 2. 400M INDIVIDUAL MEDLEY | WOMEN |
| 3. 200M BACK STROKE | MEN |
| 4. 200M BACK STROKE | WOMEN |
| 5. 50M FREE STYLE | MEN |
| 6. 4 x 100M FREE STYLE RELAY | WOMEN |
| 7. 4 x 100M FREE STYLE RELAY | MEN |

THIRD DAY

- | | |
|---------------------------|-------|
| 1. 1500M FREE STYLE | WOMEN |
| 2. 400M INDIVIDUAL MEDLEY | MEN |
| 3. 200M BREAST STROKE | WOMEN |
| 4. 200M BREAST STROKE | MEN |
| 5. 50M BUTTERFLY | WOMEN |
| 6. 50M BUTTERFLY | MEN |
| 7. 50M FREE STYLE | WOMEN |
| 8. 4 x 100M MEDLEY RELAY | MEN |
| 9. 4X 100M MEDLEY RELAY | WOMEN |

FOURTH DAY

- | | |
|------------------------------|-------|
| 1. 800M FREE STYLE | MEN |
| 2. 200M FREE STYLE | WOMEN |
| 3. 100M BUTTERFLY STROKE | MEN |
| 4. 100M BUTTERFLY STROKE | WOMEN |
| 5. 50M BACK STROKE | MEN |
| 6. 50M BACK STROKE | WOMEN |
| 7. 100M FREE STYLE | MEN |
| 8. 4 x 200M FREE STYLE RELAY | WOMEN |
| 9. 4 x 50M FREE STYLE RELAY | MIXED |

FIFTH DAY

- | | |
|--------------------------|-------|
| 1. 800M FREE STYLE | WOMEN |
| 2. 200M FREE STYLE | MEN |
| 3. 100M BACK STROKE | WOMEN |
| 4. 100M BACK STROKE | MEN |
| 5. 200M BUTTERFLY STROKE | WOMEN |
| 6. 200M BUTTERFLY STROKE | MEN |
| 7. 100M BREAST STROKE | WOMEN |
| 8. 100M BREAST STROKE | MEN |
| 9. 100M FREE STYLE | WOMEN |

N.B. 800m & 1500m Free Style will be conducted as Time Finals with Fast heat will be conducted in evening. 4x200m Free Style Relay will be held as Time Final. Water Polo events will be held after swimming in Morning / Evening.

**SWIMMING FEDERATION OF INDIA
QUALIFYING TIME/STANDARD FOR SENIOR NATIONAL AQUATIC CHAMPIONSHIPS-2022**

EVENTS	MEN		WOMEN	
	1ENTRY	2ENTRY	1ENTRY	2ENTRY
50m Free Style	0.24.24	0.24.04	0.28.37	0.28.14
100m Free Style	0.53.91	0.52.97	01.01.43	01.00.75
200m Free Style	02.01.13	01.58.72	02.17.37	02.15.69
400m Free Style	04.14.07	04.07.94	04.46.84	04.45.84
800m Free Style	09.00.59	08.53.31	10.10.68	09.56.46
1500m Free Style	17.23.50	17.12.29	19.14.55	18.51.32
50m Back Stroke	0.28.28	0.27.81	0.32.68	0.32.24
100m Back Stroke	01.01.28	01.00.12	01.11.40	01.08.94
200m Back Stroke	02.16.95	02.12.93	02.33.73	02.30.65
50m Breast Stroke	0.30.91	0.30.71	0.37.38	0.36.69
100m Breast Stroke	01.07.82	01.07.46	01.21.00	01.19.77
200m Breast Stroke	02.27.73	02.26.84	02.57.35	02.50.32
50m Butterfly Stroke	0.25.94	0.25.65	0.29.60	0.29.49
100m Butterfly Stroke	0.57.97	0.56.52	01.06.82	01.05.62
200m Butterfly Stroke	02.11.10	02.06.58	02.34.33	02.29.48
200m Individual Medley	02.16.99	02.14.05	02.34.48	02.33.07
400m Individual Medley	04.57.41	04.52.39	05.42.84	05.30.95
4x100m Free Style Relay	03.53.00		04.49.14	
4x200m Free Style Relay	08.25.61		10.21.97	
4x100m Medley Relay	04.13.19		05.03.92	
4x50m Mixed Free Style Relay	01.46.96			
4x50m Mixed Medley Relay	02.02.90			
DIVING EVENTS	MEN		WOMEN	
	1 Entry	2 Entry	1 Entry	2 Entry
High Board	195.15	239.30	144.80	175.85
1mt Spring Board	197.60	266.45	133.45	152.40
3mt Spring Board	214.50	286.20	147.30	155.55